Bob & Willa Moss
Co-Head Coaches

Bob and Willa Moss, a husband and wife team that originated the Little Rock Gymnastics Center back in 1976, are Co-Head Coaches of the Centenary Ladies. Both attended Southeastern Louisiana University starting in 1969.

Bob was a competitive trampolinist under previous Ladies Coach Vannie Edwards, earning a national championship in 1970, as well as a member of the All-America Trampoline team the following season.

Willa trained under Edwards in all-around competition, and in 1971 she became a judge of national meets.

In 1973, a year before they would be married, the Mosses went in different directions. Bob traveled with Edwards as his assistant to Southwest Junior College in Summit, Mississippi. Willa moved back home to New Jersey and taught in the public school system there until 1976. Once married the couple managed a gymnastics training club in New Jersey through that same year.

In the fall of 1976 the Mosses took their gymnastics talents and teaching abilities south to Little Rock, where they operated until their appointment at Centenary. At the Little Rock Gymnastics Center they taught 400 class students per year as well as 50 or so competitive gymnasts.

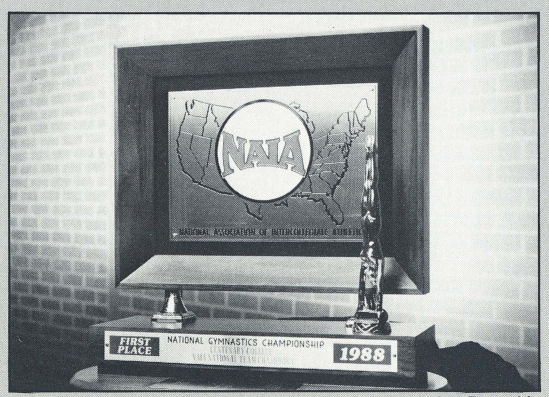
Three years after the duo arrived on the scene in Little Rock, they coached their first national gymnastics champion, Beth Pope. Since that first title captured by Pope, the Mosses have guided four other gymnasts to numerous other individual national championships.

The Mosses like the gymnastics climate and potential for growth in the Shreveport area. In fact, they are in the process of constructing a gymnastics center in Shreveport.

Not that Vannie Edwards didn't help get the ball rolling. "Vannie was to women's gymnastics what Vince Lombardi was to football," said Bob Moss. "You really don't fill someones shoes like him, but you just do the best you can to make a good situation better."

In just three short years Bob and Willa did it. **The Ladies won the 1988 NAIA National Championship in Minot, N.D. — setting an all-time NAIA tournament scoring record (141.20 points) in the process to beat runner-up Ft. Hays State. Four team members were named All-America.**

They begin their fourth season at Centenary with a 42-19 overall tournament record. (16-3 last season).



Jon Reynolds

1989 Centenary Lady Gymnastics Schedule

DAY	DATE	OPPONENTS(S)	SITE
Sat.	Jan. 14	LSU	*GOLD DOME
Sat.	Jan. 21	Houston Baptist University	Houston, TX
Fri.	Jan. 27	GEORGIA COLLEGE and FT. HAYS STATE	*GOLD DOME
Sat.	Jan. 28	Texas Woman's University and Ft. Hays State	Denton, TX
Fri.	Feb. 10	Georgia College	Milledgeville, GA
Fri.	Feb. 24	Texas Woman's University	Denton, TX
Fri.	March 3	HOUSTON BAPTIST UNIV.	*GOLD DOME
Sat.	March 11	TEXAS WOMAN'S UNIV.	*GOLD DOME
Sat.	March 18	Regional Championships @ Southeast Missouri State Univ.	Cape Girardeau, MO
Fri. Sat.	April 7-8	National Championships @California Poly State Univ.	San Luis Obispo, CA

*ALL HOME MEETS ARE AT THE GOLD DOME, BEGINNING AT 7:00 P.M.

The All-Americans

1966	Susan McDonald, Marianne Woolner, Paula Chris, Mary Camille Traweek and Mary Bankston
1967	Janie Speaks, Karen Lively, Marianne Woolner, Susan McDonald and Diane Masse
1968	Debbie Bailey, JoAnn Connelly, Mickey Adams, Karen Lively and Judy Johnson
1969	Karen Lively, Mickey Adams, JoAnn Connelly and Jan Wheatley
1977	Janie Van Eman
1978	Kathy Johnson, Beth Johnson, Jeanelle Bertling and Gigi DeJong
1979	Kathy Johnson, Beth Johnson, Jeanelle Bertling, Emily May and Denise Balk
1980	Beth Johnson, Jennifer Forshee, Margot Todd, Jill Brown, Sue Haynie, Kim Strauss and Karen Edelston
1981	Margot Todd, Kim Strauss, Jennifer Forshee, Jill Brown and Sue Haynie
1982	Margot Todd, Janet Stevens, Susan Gibson, Jill Brown and Jennifer Forshee
1983	Jill Brown, Jennifer Forshee, Lisa Greenhaw and Janet Stevens
1984	Margot Todd Evans, Jessica Soileau, Suzanne Reasor and Janet Stevens
1985	Janet Stevens, Suzanne Reasor, Susan Gibson, Holly Rucker and Loye Walker
1986	Julie Goodwin and Loye Walker
1987	LeAnn English, Julie Goodwin and Jill McCall
1988	LeAnn English, Nicole LaStrapes, Jill McCall and Dana Osborn

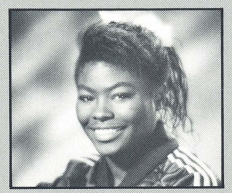
Photo by Cowen Studios

CENTENARY LADIES GYMNASTICS 1989 NCAA Division I

Centenary's Ladies

LeAnn English

LeANN ENGLISH (5-7, junior, all-around, Ouachita Parish High School, Monroe, Louisiana). . .all-around average of 36.00 (#2 in NAIA) in all eight meets last season was tops for Ladies, who went on to capture 1988 NAIA Women's National Championship. . .37.15 AA at Georgia College was personal career and 1988 individual Lady meet best score. . .personal event high of 9.45 three times first two years. . . earned All-America second straight year: AA and beam. . .four categories as freshman (AA, vault, beam and floor exercise, in fact 35.45 AA in eight meets as freshman ranked #1 in NAIA). . .seasonal averages of 8.99 on beam and 9.15 on floor were best among Ladies. . .before Centenary, competed for Bayou Gym Club in Monroe for coaches Dave & Sue Ann King & Danny Taylor. . .won Louisiana Class I state in 1980, 1983 & 1985. . .born 9-30-68. . .parents are Joe & Orel Lene. . .has two sisters. . .psychology major.



Nicole LaStrapes

NICOLE LaSTRAPES (5-6, sophomore, all-around, Thibodaux High School, Thibodaux, Louisiana). . .Four category NAIA All-America as freshman, including national beam champion (17.80 two attempts), runner-up AA, bars and vault. . . 9.17 bars average in all eight meets in 1988 best on team. . .led squad in scoring at four of eight meets (35.78 AA for year) . . .twice as freshman scored personal best 36.40 AA (vs HBU in Gold Dome and at Georgia College). . . twice scored 9.40 on bars for personal high. . .runner-up at NAIA Nationals with 35.40 AA to Mary Leivian (Wisconsin-Oshkosh). . .before Centenary, coached by Bill & Lydia Jennings & Ronald Oncale. . .finished 10th on vault at USGF Regionals as junior. . .all-district high jumper in high school, also outstanding fielder. . .born 12-9-69. . .parents are Booker & Brenda Powell. . . has one brother and one sister. . .biology major.

Jill McCall

JILL McCALL (5-4, junior, all-around, L.V. Berkner High School, Richardson, Texas) . . .NAIA All-America honors second straight year: vault (sophomore). . .AA, vault champion and floor (freshman). . . virus kept her out three meets as sophomore. . .led Ladies with 36.45 AA (career high) at Dome vs. Georgia College, and also had best vault average among Ladies, 9.25 over five meets. . .9.45 on beam at TWU as freshman is individual event personal best. . .35.34 AA as freshman ranked #3 in NAIA regular season. . .as freshman, 9.03 average on both beam and vault were team bests. . .before Centenary, competed for Half-In Half-Out Gymnastics as four-event All-America. . .born 6-16-68. . .parents are Rick & Shelley McCall. . .has one brother and one sister. . .mathematics & economics major.

ON THE COVER: (Front row: l to r) Denise Vollmer, Dana Osborn. (Middle row) Jill McCall, LeAnn English, Stacey Pylkas. (Back row) Nicole LaStrapes, Monique Murphy.

Monique Murphy

MONIQUE MURPHY (5-4, freshman, all-around, Archbishop Blenk High School, New Orleans, Louisiana). . .Runner-up in state competition in 1988. . .at Region 8 Championships in 1987 finished sixth overall. . .also Junior Olympic National Qualifier. . .won bars state competition for age bracket in 1985. . .placed second in at least one state event from 1985-88 in Class I. . .coached by Bill & Joy Schmidt at Westbank Gymnastics before enrolling at Centenary. . .graduated with 4.07 GPA (on 4.50 scale). . .born 12-17-69. . .parents are Larry & Bonita Ann Murphy. . .has two brothers and two sisters. . .psychology major.

Dana Osborn

DANA OSBORN (5-2, sophomore, all-around, Bartlesville High School, Bartlesville, Oklahoma). . .NAIA All-America (three categories) as freshman—AA, floor and beam. . .highest seasonal average of 9.07 in the floor exercise (8 meets), second best on team. . .single meet best 35.60 AA came in win at TWU as freshman. . .high score in event is 9.35 on floor vs. Houston Baptist at Dome (tied English with 35.15 AA to lead Ladies at HBU). . .before Centenary, coached by Sam & Susie Barto. . .also Phillips 66 club team. . .fifth AA in USGF Class I state meet her final prep year. . .named one of top five gymnasts in state. . .as senior won Frontier Conference meet (36.15 AA), also winning vault and beam. . .born 6-9-69. . .parents are Riley & Patricia Osborn. . .has one brother. . . business major.

Stacey Pylkas

STACEY PYLKAS (5-6, sophomore, all-around, Lake Brantley High School, Ft. Myers, Florida). . .competed in all eight meets as freshman, providing Ladies with needed scoring punch to win NAIA National Championship. . .34.61 AA for the season. . .high meet was 35.90 in a win at Georgia College. . .9.50 on the uneven bars in tri-meet at Haynes Gym was the highest individual event score posted by Centenary gymnast during the season (Feb. 26, 1988). . .before Centenary, coached by Kevin & Rita Brown in Altamonte Springs, Florida, at Brown's Gymnastics. . .scored 34.60 at USAIGC Nationals (optionals) held in Newark, Delaware. . .born 12-16-69. . .parents are Dale & Gloria Pylkas. . .has one brother . . .mathematics major.

Denise Vollmer

DENISE VOLLMER (5-0, freshman, all-around, North Vermilion High School, Maurice, Louisiana). . .Fourth in all-around at Class I Louisiana state meet. . . high score was 9.3 on vault. . .qualified for Regionals. . .1987 high school state all-around champion. . .state & regional qualifier in 1986. . .before Centenary, coached by Gary Smith at Acadiana Gymnastics. . . favorite event bars although she scored higher on vault. . .Who's Who. . .3.8 GPA (4.0 scale). . .began gymnastics at age 10. . .born 12-24-70. . .parents are Robert & Linda Vollmer. . .has two brothers. . .accounting major.

1989 Roster

GYMNAST	EVENT	HT	CL	EXP	HOMETOWN
LeAnn English	AA	5'7"	Jr.	2L	Monroe, LA
Nicole LaStrapes	AA	5'6"	So.	1L	Thibodaux, LA
Jill McCall	AA	5'4"	Jr.	2L	Richardson, TX
Monique Murphy	AA	5'4"	Fr.	HS	New Orleans, LA
Dana Osborn	AA	5'2"	So.	1L	Bartlesville, OK
Stacey Pylkas	AA	5'6"	So.	1L	Ft. Myers, FL
Denise Vollmer	AA	5'0"	Fr.	HS	Maurice, LA

About Centenary and Ladies Gymnastics

LOCATION: Shreveport, Louisiana. **NICKNAME:** Ladies. **COLORS:** Maroon & White. **ENROLLMENT:** 980. **PRESIDENT:** Dr. Donald A. Webb. **ATHLETIC DIRECTOR:** Walt Stevens. **SPORTS INFORMATION DIRECTOR:** Pat Booras. **GYMNASTICS SID:** Cory Rogers. **SID'S PHONE:** (318) 869-5092. **ROGERS' HOME PHONE:** (318) 868-0045. **TRAINER:** Steve Murray. **HOME ARENA:** Gold Dome (4,000.). **AFFILIATION:** NCAA Division I. (1988 first year to attempt to qualify for NCAA Division I Championships).

CO-HEAD COACHES: Bob and Willa Moss (Southeastern Louisiana). **CAREER COACHING RECORD:** 42-19 (.689, three-year tournament record). **RECORD AT CENTENARY:** 42-19 (.689, three-year tournament record). **MOSS' OFFICE PHONE:** (318) 869-5140.

1988 RECORD AND HIGHLIGHTS: Ladies won the 1988 NAIA Women's Gymnastics National Championship in Minot, N.D., out-distancing runner-up Ft. Hays State. Centenary compiled an all-time NAIA National Tournament record with 141.20 points — in the final year that the NAIA sponsored gymnastics as a championship sport . . . 1988 season tournament record was 16-3 . . . Ladies have posted winning seasons 13 of the last 14 years . . . four NAIA All-Americans in LeAnn English (AA, beam), Nicole LaStrapes (runner-up AA, beam national champion, bars and vault), Dana Osborn (AA, floor and beam) and Jill McCall (vault) . . . English and McCall earned All-America status for the second year in a row . . . Ladies held #1 ranking throughout the entire season (second straight year — national runner's up in 1987).

RETURNING LETTER WINNERS: Five. LeAnn English, Nicole LaStrapes, Jill McCall, Dana Osborn and Stacey Pylkas.

NEWCOMERS: Two. Monique Murphy and Denise Vollmer.

LETTER WINNERS LOST: One. Julie Goodwin.

National Championships

NAIA	1988
	1984
AIAW	1981
(Division II)	1980
	1979
	1978
	1969